



# E&F Management Consult Limited

## **E&F Management Consult Abuja Nigeria: Reaching All with Care and Support Services in HIV/AIDS (REACH)**

**Grant No: 1U2GGH000197-01; EIN: 1900217224A1**

### **REACH Third Quarter Report: April 30<sup>th</sup> – June 30<sup>th</sup> (Q3M1-Q3M3)**

#### **1.0 Executive Summary**

The current reporting period of the REACH project was very eventful with an additional six (6) facilities activated in Abuja and Nassarawa bringing the total number of EFMC REACH supported facilities to forty three (43): ten (10) of these are in Nassarawa state while the remaining thirty three (33) are spread across the Federal Capital Territory.

Two general hospitals; Gwarimpa General Hospital and Abaji General Hospital were trained and activated during this period for comprehensive HIV/AIDS services. A total of 110 health care workers were trained in various aspects of ART service delivery leading to a scale up of ART services across sites with active enrollment and placing of those eligible on ARVs.

Newly piloted door-to-door testing of pregnant women strategy with linkages to nursing homes was scaled up by the PMTCT unit. Also, 5 PHCs were scaled up to provide PMTCT services using WHO option A following reassessment and staff training exercises in FCT.

Finally, in preparation for next academic session, more orphans and vulnerable children were enlisted, community based organizations were trained and supported to help meet the needs of these children and community child protection committees instituted.

#### **2.0 Background**

**Reaching All with Care and Support Services in HIV/AIDS (REACH)** is an E&F Management Consult HHS/CDC sponsored Cooperative Agreement to provide comprehensive HIV/AIDS services in Nassarawa State and Abuja FCT. The Notice of Award (NOA) was signed on September 17<sup>th</sup> 2011 and the project began effectively on September 30<sup>th</sup> 2011.

E&F Management Consult **Reaching All with Care for HIV/AIDS (REACH)** Project is an immediate, comprehensive and evidence based action to turn the tide of global HIV/AIDS in Nigeria. This is in line with the call by the PEPFAR Reauthorization Act of 2008, to treat at least three million (3,000,000) HIV infected people with effective combination anti-retroviral therapy (ART); care for twelve million (12,000,000) HIV infected and affected persons, including five million (5,000,000) orphans and vulnerable children; and prevent twelve million (12,000,000) infections worldwide (3,12,12); as well as support the training of at least 140,000 new health care workers in HIV/AIDS prevention, treatment and care for sustainable care and treatment. REACH project is in line with National Health and Development Strategic Plan II (NHDSP II) and National Strategic Framework II of NACA 2010.

### **3.0 Goals and Objectives**

1. Provide comprehensive HIV services in Abuja FCT and Nassarawa State
2. Take over two (2) comprehensive sites from closing out CRS AIDSRelief project in Abuja and Nassarawa State
3. Activate at least three new Comprehensive sites for HIV services  
Vision and Mission
4. Empower at least 10 local organizations in HIV programming.
5. Provide Highly Active Anti Retroviral Treatment (HAART) to 8,894 HIV positive individuals, Prevention of Mother the Child Transmision (PMTCT) to 20,469 pregant women, HIV testing and counseling (HTC) services to 49,184 people of which at least 48,000 will collect their results within the first year of this project.

## 4.0.Vision

To **commonize** HIV/AIDS services in Nigeria

## 5.0 Fact Sheets

UNIT	APRIL-JUNE
Abstinence, Be Faithful, Correct Condom Use And Messaging (ABCM)	<ul style="list-style-type: none"> <li>• 5,248 (<b>Male &lt;15 = 0, 15+ = 3,305; Female &lt;15 = 0; 15+ = 1,943</b>) of target population were reached with individual and/or small group preventive intervention that are primarily focused on <b>abstinence</b> and/ or <b>being faithful</b>.</li> <li>• 348 <b>MARPs (CSW: Female = 218, LDD: Male = 30, USM: Male = 70, Female = 30)</b> reached with individual and/or small group preventive intervention that are primarily focused on <b>correct</b> and <b>consistent</b> use of <b>condom</b>.</li> <li>• <b>49,008 condoms were distributed</b> as preventive intervention to the general population who requested for it and MARPS.</li> <li>• REACH inaugurated Health clubs christened 'REACH Clubs' in 12 schools (10 Public and 2 Private). 976 students in these schools (<b>Male: &lt;15 = 0, 15+ = 179; Female &lt;15 = 0, 15+ = 797</b>) werereached with prevention message that is primarily based on <b>abstinence</b> only.</li> <li>• 43 (<b>Male = 20, Female = 23</b>) <b>PETs</b> were trained to coordinate REACH club activities in partner schools.</li> </ul>
ART/Treatment	<ul style="list-style-type: none"> <li>• Enrolled a total of 934 (male 297, female 637)</li> </ul>

	<p>persons into care.</p> <ul style="list-style-type: none"> <li>• Clinically screened 798 for TB</li> <li>• 549 commenced on ART</li> <li>• 30clients in ART care started on TB treatment</li> </ul>
<p>Basic Care and Support/Orphans and Vulnerable Children (BCS/OVC)</p>	<ul style="list-style-type: none"> <li>• A total of 570 OVC have been enrolled to date. These OVC's were provided with scholastic materials and 27 were provided with nutritional support.</li> <li>• Established Child Protection Committee (CPC) at Bhyazhin community in Kubwa FCT.</li> <li>• Established 5 functional Kiddies clubs at LEA Izayapi, LEA Kubwa II, LEA Byazhin, JSS Kubwa and GSSByazhin.</li> <li>• Follow up calls and home visits were made to 548 PLHIV.</li> <li>• Carried out Capacity building for seven CBOs and one REACH facility on care and support to VC and adult.</li> <li>• Partnered with seven CBOs on provision of care and support services to VC in at least three service areas of needs.</li> </ul>
<p>Community And Prevention</p>	<ul style="list-style-type: none"> <li>• Outreach activities were carried out in 124 communities which include churches, the general population in the various villages and brothels.</li> <li>• 27,995 (M=15,995; F=12,000) individuals were tested and counseled and all received their results with 1463 (M=537; F=9261) reactive.</li> <li>• The Blood and Injection Safety (BIS) unit focused on advocacy to churches, schools and the community to encourage people to donate blood.</li> </ul>

	<p>The unit in collaboration with the NBTS Abuja centre, organized blood drive that yielded 21 units of blood from volunteer non-remunerated donors at the EFMC office complex in Kubwa</p>
<p>Prevention of Mother to Child Transmission (PMTCT)</p>	<ul style="list-style-type: none"> <li>• 7554 Pregnant women provided with HTC services with 300 reactive.</li> <li>• 91 eligible HIV-positive pregnant women were placed on treatment, 46 HIV-positive pregnant women were placed on Prophylactic regimens using a combination of 3 ARVs, excluding SD-NVP, 64 on Maternal AZT (WHO Option –AZT from 14 weeks + SD-NVP at labour)and 141 babies placed on Nevirapine.</li> <li>• General Hospitals Abaji; Keffi; Kowa and Nagari Hospitals activated</li> <li>• 5 PHCs scaled up to PMTCT sites and Letters of Agreement signed</li> <li>• 85 health workers trained on delivery of PMTCT services using WHO option A</li> <li>• 3 team members trained on Quality Improvement.</li> </ul>
<p>Programme Support</p>	<ul style="list-style-type: none"> <li>• Activated an additional Six (6) Health facilities bringing to Forty Three (43), the total number of health facilities supported by the REACH project.</li> <li>• Scaled up and activated Seven (7) comprehensive PMTCT sites.</li> <li>• Signed MoUs with major stakeholders including he FCT Administration, the Area councils, the Catholic Diocese of Lafia, Nassarawa state and the Congregation of the Daughters of Charity.</li> <li>• EFMC has been included in the FCTA IP</li> </ul>

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**5.0 Project Narrative**

The quarter saw the program support unit expand the reach of the project to the nooks and crannies of REACH states in keeping with the resolve to REach All with Care and support services in HIV/AIDS. This act has brought to Forty Three (43), the total number of health facilities being supported by EFMC through the REACH project to provide comprehensive HIV/AIDS services to the populace in communities where they live and work. This has given rise to five (5) functional clusters; each having a comprehensive ART site as the hub, comprehensive PMTCT sites and numerous feeder sites for HTC and PMTCT.

Several Memorandum of understanding (MOU) involving EFMC and her partners were signed in this quarter after a rather protracted period which adversely affected a smooth running and take-off of vital program activities.

The innovative strategy to scale up PMTCT program was implemented. The Unit targeted door to door testing and visited Nursing homes/TBAs; provided PMTCT drugs at PHCs. The unit conducted PMTCT outreaches via the PHCs and searched for TBAs, maternity homes and some Hospitals where pregnant women could be met and tested in either forward or backward referral. Five (5)

PMTCT outreaches were conducted via PHCs Kagini and Byazhin during which the team went from house to house in these villages to test previously untested pregnant women. Advocacy visits were paid to TBAs and owners of maternity homes. Currently, EFMC REACH is working with 11 new feeder sites keying them into nearby PHCs. Poised to reach targets, the unit has continued to visit EFMC REACH supported facilities on booking and antenatal days as well as visit maternity homes and TBAs that have agreed to work with the project and keying the figures in to that of the nearest PHC.

The treatment Unit continued its continuous improvement and technical visits to supported sites. During the quarter, the unit also developed, printed and distributed job aids to all comprehensive ART sites while still leveraging on available ones from Government of Nigeria. Abaji General Hospital was activated to provide comprehensive HIV services following a 4 day on-site comprehensive ART training. The team made a strong representation at the ART and TB-HIV technical working group meetings; and at the TB-HIV partnership framework national strategic meeting. The unit also established EID protocols and services for all supported comprehensive sites.

The BCS unit signed MoUs with 5 CBOs for the provision of care and support services to vulnerable children: Fatherless and Motherless Children Aid Organization (FACADO); Hope for the Hopeless Foundation (HHF); Total Care for Human Development (TCHD); Elohim Foundation and NEPWHAN.

In line with improving the community knowledge of healthy living and acceptable health seeking behaviours which translates to improved and sustainable behavioural change for HIV/AIDS transmission (IR1), advocacy visits were carried out in 124 communities including churches, the general population in various villages and brothels where outreaches were carried out. A total of 27,995 (M=15,995; F=12,000) were tested, counseled and received results in the quarter, bringing the total number tested to date 60,721. These individuals include

the general population and the MARPS. The number this quarter was less than that of last quarter due to the rains which reduced the number of outreaches.

The ABCM team used several approaches in order to reach and surpass set targets for providing *Appropriate Behavioural Change Messages* (ABCM) to the target populations. Efforts were channeled into starting, running and managing school-based HIV prevention clubs following the formal approval gotten from the School Education Board (SEB) of FCTA. This has led to an increase in the number of individuals reached with only Abstinence messages as ten new government schools had their REACH Club inaugurated. To ensure quality of service in carrying out these activities, 43 teachers from selected schools were trained on Peer Education Training.

While the general population and MARPs were reached with being faithful and correct and consistent condom use, this was enhanced by providing them with both male and female condoms as well as pamphlets and IECs material during HTC community outreaches.

In line with IR3, which focuses on quality of life for PLWHIV/PABA through provision of holistic care and support services, REACH facilitated the inauguration and establishment of PLHIV support group at Sisters of Nativity (SON) which has an average of 30 people in attendance in a month, and commenced the establishment of another support group at General Hospital Gwarimpa which will be inaugurated in the next quarter. REACH also reached 548 (M=177, F=371) people with care and support through phone calls and home visits, this helped increase the number who got enrolled into care at the facilities.

## **6.0 Technical Assistance:**

REACH project hosted the CDC Implementers Partner Admin meeting on April 5, 2012 during which the program was assessed and lessons learnt was fed into the program to improve processes and impact.

REACH supported General Hospital Gwarimpa (GHG) was visited by the Nigerian CDC Director, Dr Okey Nwanyanwu on May 12, 2012. During his visit, he encouraged task shifting and decentralizations of HTC services.

REACH also hosted Bill and Melinda Gates Foundation with the National Agency for the Control of HIV/AIDS (NACA) in her supported site – Daughter of Charity (St Vincent's Hospital) Kubwa on May 22, 2012

## **7.0 Challenges/Constraints**

Four (4) EFMC PMTCT Primary Health Care (PHC) PMTCT sites were re-allocation to Family Health International (FHI) by the FCTA HIV Division (FASCP). Although REACH gave up these sites, REACH had to reclaim three (3) of them when FHI was unable to supply them with consumables three weeks after handover.

Also several other sites are currently being discussed as they are said to have been assessed by NACA for Global Fund activities in Nigeria.

## **8.0 Next Quarter Activities**

1. Close out processes continues and is completed.
2. CDC IP Admin meeting on July 11, 2012